



COMMUNITY SERVICES SWIMMING LESSONS MESABI EAST - SPRING 2026

TADPOLES: These lessons are for children who cannot swim at all. The goal of this class is to increase the child's comfort level in the water and for the participants to be able to float on their front and back. After these skills are accomplished we work on the front and back glides and keep building from there. Safety Skills will be emphasized throughout the lessons. Ages 4 and up are encouraged. **Class is limited to 10.**

MINNOWS: These lessons are limited to children who have a comfort level in the water where they don't need an instructor right next to them. **They must be able to float on front and back** (this is for safety purposes as class size is increased to accommodate more swimmers). The goal of this class is to keep building on basic skills and introducing the front crawl, water entries and overall confidence. **Class is limited to 12.**

PREREQUISITES – please follow for safety reasons:

SUNNIES: Must swim 3 body lengths. **Class is limited to 15.**

SHARKS: Must swim half the length of the pool. **Class is limited to 15.**

TODDLER TINY FISH (ages 2-4): Parent **MUST** be in water with child. **No class limit.**

SESSION I: March 23, 24, 25, 26, 30, 31 ***(NO FRIDAYS)***
Tadpoles 3:30 - 4:05 pm
Tadpoles 4:10 - 4:45 pm
Minnows 4:50 - 5:25 pm

SESSION II: April 13, 14, 15, 16, 20, 21, 22 ***NOTE: LEVELS NOT ACCORDING TO AGE BUT ABILITY**
Tadpoles 3:30 - 4:00 pm
Tadpoles 4:05 - 4:35 pm
Minnows 4:40 - 5:15 pm

SESSION III: April 27, 28, 29, 30, May 4, 5, 6
Minnows 3:30 - 4:00 pm
Sunnies 4:05 - 4:35 pm
Sharks 4:40 - 5:15 pm

SESSION IV: May 7, 8, 11, 12, 13, 14, 15
Tiny Fish (ages 2-4) 3:30 - 4:30 pm

PLEASE CIRCLE SESSION AND CLASS YOU ARE INTERESTED IN

COST: **\$25.00** per child - payable to Mesabi East. You must pre-register!

REGISTRATION: **First come, first serve basis** (Class sizes limited)

***Open Thursday, March 12, 2026 at 3 PM** ***Registration is not complete without payment**

PROVIDE YOUR OWN: Transportation and Towels/Swimsuit

***A PARENT OR ADULT NEEDS TO BE IN ATTENDANCE THE FIRST DAY OF THE SESSION**

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HAS HE/SHE HAD PREVIOUS SWIMMING LESSONS? YES _____ NO _____
DOES YOUR CHILD FEAR THE WATER? YES _____ NO _____

_____ has my permission to participate in swimming lessons provided
Child's Name
by Community Services at the Mesabi East High School Pool. AGE _____

Signature of Parent/Guardian Phone During Day Hours Date

INDICATE ANY MEDICAL INFORMATION NECESSARY

***Please return completed registration and payment for each participant to Comm. Ed Office**

Online registration and payment now available on the website. Must mail in or drop off check to complete registration:

<https://www.isd2711.org/community-ed/classes-new>