MESABI EAST SHARK SWIM

Coordinated and coached by Terry Layman

WHO CAN COME:

All SHARKS 3rd through 6th grades

(should be able to swim across pool for safety purposes)



DATES : MONDAY's starting October 19th
to April TBD
WEDNESDAYS starting September 23rd
to April TBD
Sign up at the pool!
Coached by Mrs Layman, Carl Layman , HS Swimmers
QUESTIONS: text or call 218 750 2484

TIMES: Monday's
5:30 to 6:30 pm
Wednesday's 2:30 to 3:30 pm
WHAT TO BRING? Suit, goggles smiles 😊

WHERE: High School Pool
COST: FREE (laughter, willingness to learn and have fun!)
FOCUS: Technique. Starts, Turns Endurance
(free time!)

